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## **NOVEMBER 2024 ISSUE**

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# One Miraculous Morning With Mom

by Attorney Philip J. Kavesh



It started out just like many other mornings I've experienced, once or twice a week, for years now. I set off to visit my Mom, 99 years old (Lord bless her!), and take her out to her favorite breakfast place.

# RESTAURANT RECOMMENDATION BALEENkitchen

Quote of the Month

# LIVING TRUST SEMINARS

For those who don't yet have a Trust, but also those who have one and may need to review and update it! Both the public and our existing clients are invited - - and please bring your family or friends!

NOTE: All of our seminars listed below are now being held in-person. If you, or someone you know, would like to attend a seminar, but cannot attend a live one, please send us an e-mail so we can explore other options.

(Also note: We may provide services to anyone residing in California without them having to travel to our offices.)

### IN-PERSON LIVING TRUST SEMINARS

## SATURDAY November 9th

9:30am - 11:30am Torrance Main Office 990 W. 190th Street Suite 500 (5th Floor) Extremely Limited Capacity

REGISTER

## WEDNESDAY November 20th

9:30am - 11:30am Torrance Main Office 990 W. 190th Street Suite 500 (5th Floor) Extremely Limited Capacity

REGISTER

Sadly, what should be a joyful event has become a routine, an obligation of love, and even a struggle at times. You see, Mom has been stricken with dementia and it's hard to know if she's really there anymore, somewhere inside her remarkably well-preserved body. Mom looks fantastic, takes no meds, has vision way better than mine, walks without a cane or walker and otherwise appears in excellent health, so much so that at her last physical the doctor told me, "She's in great shape...for a 60-year-old!"

Certainly, Mom's good health is something to be grateful for, and I am. But Mom's dementia has gotten to that advanced stage where she doesn't know where she is, hardly remembers anything or anyone, only speaks a few words at a time (mainly sensory observations about her surroundings) and can't answer any questions let alone carry on a conversation. What has happened to that person I still remember and cherish as "Mommie"?

It's become difficult to know whether my visits make any difference. Yes, we have some happy moments and those alone are a good thing. But it feels as though my personal connection with Mom has been lost. And that always leaves me with, at best, a hollow feeling whenever I see her. That's why some other family members have stopped visiting, and I empathize with them.

But, today, something unusual happened...

**READ MORE** 

Ways to Reduce Your Risk of Dementia

## SATURDAY December 7th

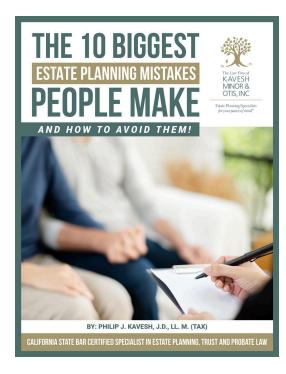
9:30am - 11:30am Torrance Main Office 990 W. 190th Street Suite 500 (5th Floor) Extremely Limited Capacity

REGISTER





## **FREE REPORT**



After working so hard to provide for your family, it would be a tragedy if you were unable to pass on the fruits of your labor after your passing. Unfortunately, there are plenty of mistakes that can reduce the amount of an estate and threaten your family's future. These simple errors happen far too often, usually because people do not have accurate estate planning



affects millions Dementia of Americans—including nearly one in 10 adults over age 65. While the causes of different dementias vary, a 2024 report Lancet Commission identified а several modifiable risk factors that together account for around 40% of dementia worldwide. It's the first update on the issue since the 2020 Lancet Commission on the same topic.

This means that many dementia cases might be prevented or delayed by living a healthy lifestyle, said Judith Heidebrink, M.D., a neurologist at University of Michigan Health and co-leader of the Michigan Alzheimer's Disease Research Center's Clinical Core.

With the *Lancet* report as an anchor, here are some tips for how you can reduce your risk for dementia and maintain a healthy brain throughout your life.

**READ MORE** 

## HAPPY THANKSGIVING!

information.

# You Can Avoid Common Estate Planning Mistakes

When you download your free copy of our book entitled, "The 10 Biggest Estate Planning Mistakes People Make", you will learn the biggest misconceptions and myths that can have a devastating effect on your relatives and property, as well as the actions you should take NOW to avoid future heartache.

**REQUEST REPORT** 



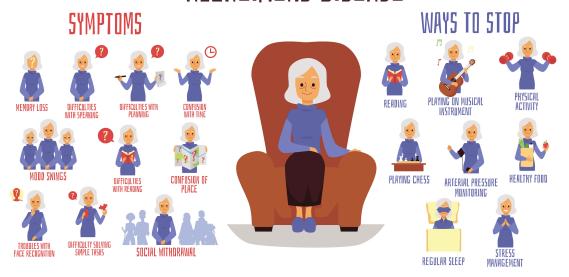
In observance of the Thanksgiving holiday, our office will be closed at 3:30pm on Wednesday, November 27th through Friday, November 29th. We will reopen for business on Monday, December 2nd at 8:30am.

Wishing you and your loved ones a very safe and Happy Thanksgiving!

# November is National Alzheimer's Disease Awareness Month



# ALZHEIMERS DISEASE



# **SCAM ALERT: Beware of This Inheritance Scam!**



There are reports of people getting letters from what appears to be a law firm stating that one of their clients has passed away and that they are looking for the client's heir and that, you guessed it, YOU are the heir! We're sorry to break it to you, but you are probably NOT, in fact, the lucky heir.

This is a scam to get your personal and financial information, like your Social Security Number, bank account routing information and, ultimately, your money! <u>LEARN MORE</u>

# RESTAURANT RECOMMENDATION BALEENkitchen

Located adjacent to The Portofino Hotel & Marina, BALEENkitchen is a hidden gem in the South Bay, offering beautiful marina views, a romantic ambiance, and even a special Thanksgiving menu for those who prefer to dine out versus cook and stay in. Whether



you need a new spot to try out or a reminder about this wonderful restaurant, we highly recommend BALEENkitchen for your next restaurant adventure!

#### ADDRESS:

260 Portofino Way Redondo Beach, CA 90277 VIEW MENU



Daily (Mon-Sun)
7am to 2pm
4pm to 9pm







## **CLIENT TESTIMONIALS**

"Kavesh, Minor, and Otis prepared a trust for my mother, who recently passed away. My communication with Legal Assistant Shantadee

"The attorneys at Kavesh,
Minor & Otis are very
professional, they listen well
and really care. They will
review every aspect of your

Gadson has been the only bright spot since my mother's passing. She has a welcoming, understanding. yet uplifting quality to her when she speaks to you. While you may not contact Kavesh to speak with their legal assistants, if you are fortunate enough to get her on the phone, you are sure to feel much better once the call has ended. Kavesh, Minor, and Otis is a very reputable trust law firm but their best asset may very well be in the form of Shantadee Gadson. Thank vou. Ms. Gadson."

—Kevin M.



estate and understand all the complexities, estates, taxes, potential family problems, health care concerns, etc. Ms. Jane Lee was my personal planner...she is great! Highly recommend."

—Edward H.

"Kavesh, Minor & Otis is highly knowledgeable on the subject of Living Trusts and related laws. They make continuous efforts to keep their clients living trusts up to date and notify them of updates that are needed to conform with the new laws and prevent future unexpected issues. I have attended their free Trusts Seminars. They are very educational and informative. Their office personnel are courteous, friendly and responsive. I think Peter Keon and Phil Kavesh are the lawvers of choice when it comes to professional services in the subject of Living Trusts."

-Max R.

Thank you for these wonderful client reviews, Kevin, Edward and Max (all real clients)!

We know that our clients and all the members of our community have many options to choose from when it comes to assisting with their estate planning needs. It is very gratifying to us that people put their trust in us to help them with these important decisions that will impact them and their loved ones for years to come.

Many of our clients have asked how they can support us in return and they have done so by not only referring their friends and family (for example by forwarding this e-mail newsletter), but also by taking the time to leave us an online review (which we'd really appreciate, if you haven't done so already). Below are a couple of websites you can choose from to leave a quick online review of your experience with our firm.

Thank you, in advance, for your help! We look forward to continuing to serve you and your loved ones for many more years to come!





## **QUOTE OF THE MONTH**



"Be thankful for what you have, you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough."

—Oprah Winfrey

## **OFFICE LOCATIONS**

#### **MAIN OFFICE**

**TORRANCE OFFICE** 990 W. 190th Street, Suite 500 Torrance, CA 90502

### OTHER LOCAL OFFICES

**PASADENA OFFICE** 790 E. Colorado Blvd., 9th Floor Pasadena, CA 91101

**WOODLAND HILLS OFFICE** 5850 Canoga Avenue, 4th Floor Woodland Hills, CA 91367

#### **TELEPHONE NUMBER**

1.800.756.5596

## ORANGE OFFICE

333 City Drive West, 17th Floor Orange, CA 92868

### **NEWPORT BEACH OFFICE**

5000 Birch Street, Suite 8000 Newport Beach, CA 92660







The testimonials in this newsletter and throughout our website were provided by actual clients. To maintain their privacy, their names may be abbreviated and their photos are not shown. Please note that testimonials do not warrant, guarantee or predict your particular results. Actual client testimonial letters may be viewed by you in several "Thank You" books, proudly displayed at our main office lobby.

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### Our mailing address is:

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